# Personnel-Centered Study

# for Advancing the Quality of Hospital Care

### European Healthcare Design Conference | June 11th-13th, 2018

The study explores an experimental Personnel-Centered approach for improving healthcare. Research investigates medical staff routine and movement tendencies within healthcare facility to identify and reveal critical areas of hospital spatial organisation and circulation. Investigating and taking into consideration personnel perspective is of the highest importance to enhancing the quality of healthcare for both carers and patients.

Personnel's perspective is crucial to optimally design their work environment. Since staff wellness matters for patient care, hospital should positively support their wellbeing and therefore their work by increasing their productivity and reducing risks including medical errors. Spatial organisation and its efficiency plays a significant role in advancing care quality, patients' satisfaction and overall hospital performance.

The research was carried out in the city of Poznan (Greater Poland).



Authors:

Agata Gawlak, Associate Dean of the Faculty of Architecture | PUT Magda Matuszewska, Assistant Professor | PUT Paulina Szuba, PhD Candidate | PUT

## CONTEXT + INITIAL FINDINGS + METHODOLOGY + CASE STUDY + DESIGN CONCEPTS

Mixed methods have been used in order to understand person-

nel's perception of their work space quality. The undertaken

research aimed to gather and compare both quantitative and

qualitative data. The collected information through survey was

juxtaposed with a map of communication channels and simulat-

ed medical staff movements within healthcare facility. The gath-

ered data was evaluated in a relation to one of the hospitals in

Poznan. Case study analysis undertaken within this facility paral-

The analysis of this multicriterial methodology were built on liter-

ature review and tailored to the context of polish healthcare

system condition. It aims to allow evaluation of functional con-

nection qualities in hospital to establish the basis for modernisa-

An 12-item questionnaire was designed to collect the data from

health professionals of Poznan public hospitals. It was used to

gather perspective of different profession such as nurses, mid-

wives, doctors, interns etc. The original versions of the items

were selected to gather both quantitative and qualitative data. Its

structure assumed to become a continuation of M. Mourshed

First part of a questionnaire was to investigate both physical and

psychological load of medical staff work and perception of the

In the next part, respondents were asked to evaluate the influ-

ence of listed environmental design aspects on the influence it

has on work quality and general frame of mind (which they rated from 1 to 5, 1- no influence, 2- small influence, 3-medium influence, 4-significant influence, 5- very significant influence).

Among those elements were: lighting, acoustics, air quality,

colour, furniture, closeness to nature etc. Further on, respondents were asked to assess to what extent new technologies in

healthcare can improve personnel's work?

and Y.Zhao study published in Journal of Environmental

lely, have transformed to a design probe.

Psychology (2012).

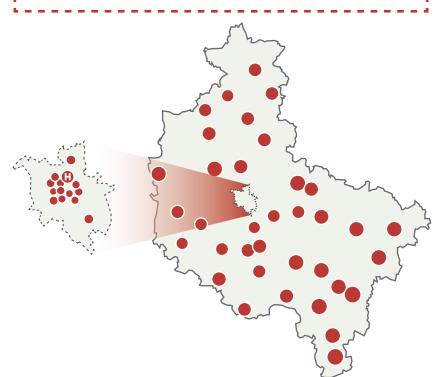
quality of their workspace.

tion (Post-Occupancy Evaluation for hospitals).

The ongoing research has genuinely essential meaning for the Greater Poland region, where there are 60 general hospitals and 45 public hospitals functioning. Among 3.484.975 citizens of the region there are 11.000 doctors and twice as much of nurses employed. It can be observed from open government data, that there are only 32 employed doctors and 13 nurses for 10.000 citizens, while the whole number of citizens in the Poznań agglomeration is 647.018. The above presented parameters are the motivation for focusing research on the quality of medical carers'

While population is ageing and the lack of medical carers can be noticed, the demand for health care services increases. A better and technologically innovative equipment for personnel is considered to relieve carers from unnecessary activities and let them focus on the most important tasks. To enhancing human experience, both medical staff and patients, a priori to technological innovation the spatial organisation needs to be optimised.

### **HOSPITAL NETWORK**



Hospital Network is a coordinated group of hospitals, that improves organisation of providing healthcare services. There are 50 hospitals in the Network in Greater Poland and 553 in the Republic of Poland

#### **NUMBER OF BEDS IN DIFFERENT WARDS** PROGNOSED TO BE REDESIGNED IN 2029

NEONATAL **-348** -----PEDIATRICS -407 NEUROSURGERY -17 GENERAL SURGERY -425 GYNAECOLOGICAL/ -384 MATERNITY OPHTMALMIC -94 INFECTIOUS -27 UROLOGY -24 CHILDREN SURGERY -52

-- (\*\*) CARDIOLOGY \*519 NEUROLOGIC +473 INTERNAL +459 ONCOLOGY +93 PULMONOLOGY +94 OTOLARYNGOLOGY -107 ORTHOPEDICAL TRAUMA -259

> Is there need to improve the working space in your hospital? 87%

yes ■ difficult to say ■ no

Assessment of the physical load in work 20% 34% 47%

■ medium ■ high

Assessment of the psychological load in work 27% 66%

Is your workspace ergonomic (fits the performed activities)? 17%

■ difficult to say
■ no

create waiting rooms near treatment rooms

■ medium ■ high

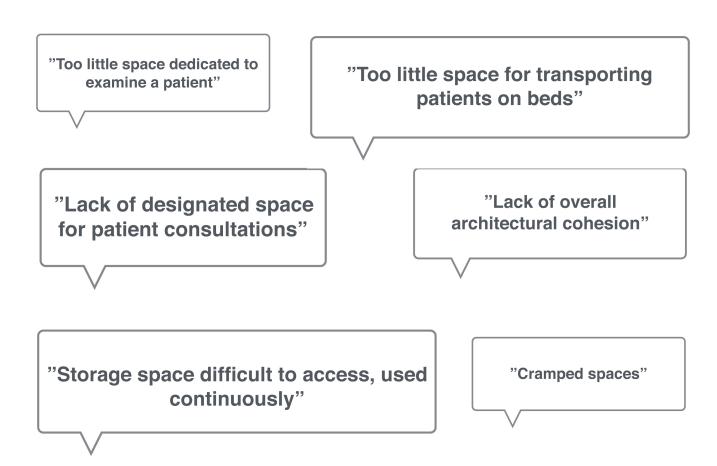
"The present study supported the view that aesthetic environmental enrichment of a surgical ward, including colour, textile and photos, was perceived as positive by health professionals. Related to their experiences and expectations the environmental enrichment promoted a perceived positive atmosphere and an enrichment of their work circumstances."1

"Research indicates that staff wellbeing, productivity and satisfaction are linked with a hospital's physical environment, in particular the aspects that are determined during early design stages of a building's life cycle. Incorporating healthcare providers' perspectives during the design of a facility is, therefore, essential to create an effective therapeutic environment"2

The physical environment plays an important role in improving the health and safety for staff, increasing effectiveness in providing care, reducing errors, and increasing job satisfaction. These improved outcomes may, in turn, help in reducing staff turnover and increase retention — two key factors related to providing quality care in hospitals. However, it has become increasingly clear that efforts to improve the physical environment alone are not likely to help an organization achieve its goals without a complementary shift in work culture and

1. Wilkstrom B., Westerlund E., Erkkila J., "The healthcare environment - The importance of aesthetic surroundings. Health professionals' experiences from a surgical ward in Finland", Open Journal of Nursing, 2012, 2, 188-195 2. Mourshed M., Zhao Y., "Healthcare provider's perception of design factors related to physical environments in hospitals" Journal of Environmental Psychology 32, 2012, 362-370.

3. Joseph, A. "The Role of the physical and social environment in promoting health, safety, and effectiveness in the healthcare workplace. Concord", CA: The Center for Health Design. Issue Paper www.healthdesign.org



'Too narrow doors' "Too little number of toilets and "Too small patients' rooms" common rooms for personnel" "No access to the bed from any of the 3 sides" "Too little space; tawdry colors; uncomfortable furniture"

**Evaluation of the influence of the following hospital** 

Evaluation of the influence of the following hospital

space elements they have on work quality and general frame of mind of the personnel

space elements they have on work quality and general frame of mind of the personnel determined by age Closeness to nature 24% 23% 25% Privacy in personnel's common rooms 24% Proportions of a space Acoustics (sound levels) 24% 100% 46+ **36-45** 

determined by gender Closeness to nature Privacy in personnel's common rooms Proportions of a space Acoustics (sound levels) **51**% Air quality, Thermal control **51**% 49% **75**% female male

**Evaluation of the influence of the following hospital** space elements they have on work quality and general frame of mind of the personnel determined by profession 20% 23% 19% 17% 21% 18% 22% 20% Privacy in personnel's common rooms Proportions of a space 20% 21% 17% 21% 21% 21% 21% 19% 19% 19% 21% 20% 21% 20% 21% 21% 20% 20% 18%

Impact of new technologies in healthcare on improving working environment 85%

■ high ■ medium ■ low

**Gender Distribution** of the Respondents

**Age Distribution** of the Respondents **■** <25 **■** 26-45 **■** 36-45 **■** 46+

Patients' rooms, isolation rooms Doctor's offices, Head of hospital ward offices, treatment rooms

Percentage of specific zones in Sporna Hospital

locker rooms

Social rooms, nurses stations

**Profession Distribution** of the Respondents

nurse/midwife chief of staff

### HOSPITAL ON SPORNA STREET

IN 1877 FIRST PAEDIATRIC HOSPITAL IN POZNAŃ WAS BUILT, ON KRYSIEWICZA STREET. IT WAS 4TH CHILDREN HOSPITAL IN POLAND. In 1950 the hospital got new building on Nowowiejskiego. The hospital was designed by famous architect from Poznan -Władysław Czarnecki.

number of beds of all paediatric hospitals in Poznan

Respondents were also asked to describe some possible spatial issues that might need improvement. The aim of open-ended responses was to allow listing specific impediments they find in their workspace design. In one of the last questions health professionals were subjectively indicating the causes of medical

Overall goal was to identify critical areas of hospital spatial organisation and circulation. That knowledge could significantly help in improving the quality of space within healthcare facility for creating a better workspace for health professionals which could result in advancing the quality of hospital care.

PATIENT ROOM

"Patients' rooms in pediatric wards should

include space dedicated to parents of their

hospitalised children"

number of children hospitalized in a year

number of beds in the hospital on Sporna Street

OCTOR'S OFFICE

PATIENT ROOM

PATIENT ROOM

Analysis of communication channels, personnel paths and location of strategic functional areas on children wards.

**DOCTOR'S OFFICE** 

area: 15,57 M2

B

A ISOLATION WARD OLDER CHILDREN WARD

**B** INFANTS WARD **C** CLINICAL SUPPORT SERVICES physiotherapists medical medical technicians personnel

doctors

pharmacists

\* - Patient rooms 19 1025

2,65 47337 SERVICES GIVEN IN A YEAR

ATIENT ROOM TIENT ROOM ATIENT ROOM TIENT ROOM

--- NURSE'S CRITICAL PATH --- DOCTOR'S CRITICAL PATH ---- NURSE'S OTHER PATHS ---- DOCTOR'S OTHER PATHS CRITICAL DISTANCE COMMUNICATION COLLISION has direct access to treatment room doctor's office all rooms are has direct access closed in a unit to treatment room close access to WC · waiting zone outside closed in a unit

doctor's office

has direct access

direct access to WC

**DOCTOR'S OFFICE** area: 40 M2 long distance to doctor's room - no waiting zone minimum space TREATMENT ROOM area: 15,15 M2 TREATMENT ROOM area: 29,00 + ca. 17m2

no sluice rooms

long distance to

treatment room

no waiting zone

- no private bathroom 1 bathroom for about 2,3 patients in 20,20 m2 room - no place for parents to look after at night limited space access for medical personnel **PATIENTS ROOM** area: 20,20 M2 area: 48 M2

additional furniture dditional space for medical personnel and equipment

treatment room closed in a unit close access to WO waiting zone outside additional space for medical personnel area: 17,4 + ca. 11m2 apted to disabled users nax. 2 patients in a room idden beds for parents

**DOCTOR'S OFFICE** 

**PATIENTS ROOM** 

area: 28 M2

to treatment room equipment all rooms are doctor's office TREATMENT ROOM area: 20m2 medical personnel room for 1/2 patients room for 1/2 additional space for medical personnel and additional space for medical equipment

DOCTOR'S OFFICE

area: 34 M2

**PATIENTS ROOM** 

area: 40 M2

nas close access

Diagrams of arrangement problems in the concept of modernisation project of Sporna Hospital (expertise by professionals) A 12-item guestionnaire was used to gather perspective of nurses, midwives, doctors, interns and medical students. The majority of

doctor's office

as direct access

respondents were female healthcare providers (80%), aged 36-45 (44%) working as a nurse/midwife (37%) and as a doctor (20%). More than half of respondents assessed psychological load of their work as high (66%), whereas only 7% described it as low. 34% of them considered their work of a high physical load and almost half of respondents (47%) as medium. 66% of health professionals participating in the study found the ergonomics of their workspace negatively. 87% of respondents, being a statistically significant result, believed that it is necessary to improve and redesign their workspace. Respondents ranked acoustics (sound levels), lighting and the proportions of a space as factors associated with the working environment

comfort the most. Further analysis were applied on the responses to investigate the relationship between perceptions of environmental design factors and

variables in age, gender and profession of respondents. The biggest differences between female and male respondents were found in perceiving colour as an important environmental factor

(colour was more significant to female). When the data are demarcated by age, it can be seen that artwork, closeness to nature and colour are the factors assessed differently by young and older health professionals. Moreover, artwork, lighting and air quality/thermal control were those elements rated high by chiefs of staff, whereas in nurses and midwives opinion, artwork had the least significance. This group of personnel prioritised the proportions of a space (rooms).

In conclusion, taking into consideration the gathered perspective of medical staff, it seems that there is need for improving personnel's work space quality. The voice of healthcare professionals in hospital modernisation projects should be acknowledged. However, their feedback should be evaluated in regards to their profession, age and gender as all these variables may determine different expectations and preferences of working environment characteristics.

### Diagnosis of critical areas and their spatial sense in existing hospital modernisation

- Redesign of patients' rooms: increase surface areas, modify design arrangement (access to private bathrooms, more quality space for personnel, space for medical equipment), additional space for parents and family visitors
- + Redesign and completion of areas dedicated to treatment rooms: optimise communication for medical personnel, increase surface areas, create sluice rooms, modify design arrangement,
- **Redesign of areas dedicated to the personnel:** concentrate within areas of units, increase surface of social rooms, locate near treatment rooms and storage rooms
- Reorganisation through improvement of communication channels: shorten communication channels, eliminate functional confusion in areas of units, eliminate crossing communication channels, eliminate critical communication collisions